## **Competencies and Functional Abilities**

The Lex La-Ray Technical Center Practical Nursing Program acknowledges the abilities necessary to acquire and/or demonstrate competence in the nursing profession. Students seeking admission should be aware that all graduates are expected to develop these basic competencies throughout their education with or without reasonable accommodation. These competencies and functional abilities include, but may not be all-inclusive in the table below.

Critical Thinking and Analytical Thinking ability to recognize causeleffect and analyze potential solutions bility to recognize causeleffect and analyze potential solutions.  Communication  Communication  Communication  Communication  Communication  Convey information orally and in writing using English as the primary language.  Peychomotor Skills  Perform tasks confluent with nursing roles.  Reading  Reading  Reading  Reading  Reading  Pemonstrate facility with arithmetic functions, measurement and recording devices, and reading/recording of numerical information.  Functional Ability  Standard  Exhibit physical strength and endurance appropriate to professional nursing roles throughout assigned shifts.  Hear with or without aids, voices, sounds, and monitoring alarms necessary for safe practice.  Sight  Distinguish color and visual images within normal range.  Physical Sensation  Interpret sensations, temperature and environmental temperature.  Maintain physical health consistent with employment responsibilities and communents.  Mental Health Status  Mental Health Status  Mental Health Status  Mobility  Demonstrates ability to move, sti, stand and walk safely.  Eitheld ability to move, sti, stand and walk safely.  Enable standard  Tactile  Ta	Core Competencies	Standard	Examples
Analytical Thinking ability to recognize cause/effect and analyze potential solutions.  Communication  Convey information orally and in writing using English as the primary language.  Psychomotor Skills  Perform tasks confluent with nursing roles.  Interpersonal Skills  Demonstrate therapeutic communication and relationship skills.  Reading  Read and comprehend written materials.  Read and interpret policies and procedures, read progress notes.  Mathematical Ability  Demonstrate facility with arithmetic functions, measurement and recording devices, and reading/recording of numerical information.  Functional Ability  Physical Stamina  Exhibit physical strength and endurance appropriate to professional nursing roles throughout assigned shifts.  Hearing  Hear, with or without aids, voices, sounds, and monitoring alarms necessary for safe practice.  Sight  Distinguish color and visual images within normal range.  Olfactory Sensation  Detect odors, unusual smells, or smoke.  Tactille Sensation  Mental Health Status  Mental	Cuitinal Thinking and	Cuiting thinking ability that includes the	(not meant to be inclusive)
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Physical Health Status  Maintain physical health consistent with employment responsibilities and commitments.  Mental Health Status  Maintain focus and emotional stability in stressful situations and respond to needs of others.  Gross Motor Skills  Exhibit ability to move, sit, stand and walk safely.  Demonstrates ability to write, grasp, pickup, or manipulate small objects.  Mobility  Demonstrate physical abilities consistent with employment responsibilities and commitments.  Move quickly from place to place, move freely in patient care needs.  Write legible, manipulate syringes, and calibrate equipment.  Move quickly from place to place, move freely in patient care needs.  Tactile  Tactile ability sufficient for physical assessment.  Health Stamina  Health status level which permits them to meet the classroom and clinical objectives with reasonable  Monitor own health needs.  Manage own emotions, respond appropriately in crisis situations, adapt to change readily, maintain therapeutic boundaries.  Bend, stoop, or reach for objects, maintain balance.  Write legible, manipulate syringes, and calibrate equipment.  Move quickly from place to place, move freely in patient care needs.  Perform palpation, functions of physical examination and/or those related to therapeutic interventions, starting IVs.  Stamina sufficient (i.e., diabetic allows for snacks) to participate in continuous clinical activities for length of time required by course		environmental temperature.	
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Mental Health Status  Maintain focus and emotional stability in stressful situations and respond to needs of others.  Gross Motor Skills  Exhibit ability to move, sit, stand and walk safely.  Demonstrates ability to write, grasp, pickup, or manipulate small objects.  Mobility  Demonstrate physical abilities consistent with role.  Tactile  Tactile  Tactile ability sufficient for physical assessment.  Health Stamina  Manage own emotions, respond appropriately in crisis situations, adapt to change readily, maintain therapeutic boundaries.  Bend, stoop, or reach for objects, maintain balance.  Write legible, manipulate syringes, and calibrate equipment.  Move quickly from place to place, move freely in patient care needs.  Perform palpation, functions of physical examination and/or those related to therapeutic interventions, starting IVs.  Health Stamina  Health status level which permits them to meet the classroom and clinical objectives with reasonable  Manage own emotions, respond appropriately in crisis situations, adapt to change readily, maintain therapeutic boundaries.  Bend, stoop, or reach for objects, maintain balance.  Write legible, manipulate syringes, and calibrate equipment.  Move quickly from place to place, move freely in patient care needs.  Perform palpation, functions of physical examination and/or those related to therapeutic interventions, starting IVs.			
stressful situations and respond to needs of others.  Gross Motor Skills  Exhibit ability to move, sit, stand and walk safely.  Demonstrates ability to write, grasp, pickup, or manipulate small objects.  Mobility  Demonstrate physical abilities consistent with role.  Tactile  Tactile ability sufficient for physical assessment.  Tactile  Tactil			
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Fine Motor Skills  Demonstrates ability to write, grasp, pick- up, or manipulate small objects.  Mobility  Demonstrate physical abilities consistent with role.  Tactile  Tactile ability sufficient for physical assessment.  Tealth Stamina  Health status level which permits them to meet the classroom and clinical objectives with reasonable  Write legible, manipulate syringes, and calibrate equipment.  Move quickly from place to place, move freely in patient care needs.  Perform palpation, functions of physical examination and/or those related to therapeutic interventions, starting IVs.  Stamina sufficient (i.e., diabetic allows for snacks) to participate in continuous clinical activities for length of time required by course			
up, or manipulate small objects.  Demonstrate physical abilities consistent with role.  Demonstrate physical abilities consistent with role.  Tactile  Tactile  Tactile ability sufficient for physical assessment.  Tactile  Tactile bility sufficient for physical assessment.  Tactile bility sufficient for physical examination and/or those related to therapeutic interventions, starting IVs.  Health Stamina  Health status level which permits them to meet the classroom and clinical objectives with reasonable  Tactile  Tactile ability sufficient for physical examination and/or those related to therapeutic interventions, starting IVs.  Stamina sufficient (i.e., diabetic allows for snacks) to participate in continuous clinical activities for length of time required by course			
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assessment.  Health Stamina  Health status level which permits them to meet the classroom and clinical objectives with reasonable  examination and/or those related to therapeutic interventions, starting IVs.  Stamina sufficient (i.e., diabetic allows for snacks) to participate in continuous clinical activities for length of time required by course	Tactile	Tactile ability sufficient for physical	
Health Stamina  Health status level which permits them to meet the classroom and clinical objectives with reasonable  Stamina sufficient (i.e., diabetic allows for snacks) to participate in continuous clinical activities for length of time required by course		assessment.	examination and/or those related to
meet the classroom and clinical snacks) to participate in continuous clinical activities for length of time required by course			therapeutic interventions, starting IVs.
meet the classroom and clinical snacks) to participate in continuous clinical objectives with reasonable snacks) to participate in continuous clinical activities for length of time required by course	Health Stamina	Health status level which permits them to	Stamina sufficient (i.e., diabetic allows for
objectives with reasonable activities for length of time required by course			
			(i.e., 12-hour shifts).